

Family Emergency Info Sheet

Keep important contacts, meeting plans, medical notes and household basics in one printable

Emergency contacts

PRIMARY CONTACT

PHONE

BACKUP CONTACT

PHONE

Important family information

HOME ADDRESS

DOCTOR / CLINIC

PHONE

ALLERGIES / MEDICATIONS / NOTES

Plan

MEETING PLACE

SCHOOL / PICKUP PLAN

OTHER INSTRUCTIONS

If there is immediate danger, contact local emergency services first.

Keep this sheet somewhere adults in your household can find quickly.