



Family Check-In Plan

Stay connected without constant location tracking. Decide together when to check in, who receives it, and what to do when plans change.

When we check in

- ☐ After arriving somewhere independently
- ☐ When leaving for the next location
- ☐ If plans or transportation change
- ☐ At an agreed return time
- ☐ When someone needs pickup or help

Our simple check-in language

- ☐ I'm OK / arrived
- ☐ Plans changed
- ☐ I need a ride
- ☐ Please call me
- ☐ I need help now

If someone does not respond

- ☐ Try the agreed backup contact method
- ☐ Contact the trusted adult listed in the family plan
- ☐ Use emergency services for an immediate safety emergency
- ☐ Review what happened later and adjust the plan together