

Weekly Family Reset

A simple one-page reset for schedules, meals, rides, priorities and family connection.

This week matters most

TOP 3 FAMILY PRIORITIES

IMPORTANT DATES / RIDES

ONE THING TO SIMPLIFY

Plan together

MEALS / GROCERIES

SCHOOL / HOMEWORK

FUN / CONNECTION

Quick family check

- ☐ Everyone knows the schedule
- ☐ Rides / pickups are clear
- ☐ Homework deadlines checked
- ☐ Needed groceries added
- ☐ One family moment planned
- ☐ One thing we can let go

ONE SENTENCE FOR THE WEEK
